



	Nutrition Information														Allergens											
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard		
SOUP																										
Broccoli Cheese	8fl oz	120	6	3	0.1	15	760	13	3	3	5	2	20	10	2		*		*	*					*	
Creole Chicken Gumbo	8fl oz	124	3.5	0.6	0	5.7	1080	16	2.3	3.4	9	2	2.5	4	4				*	*					*	
Cream of Chicken	8fl oz	130	8	2.5	0	15	800	10	1	1	4	2	0	4	2		*		*	*						
Cream of Mushroom	8fl oz	140	5	2	0	10	870	20	3	3	4	0	0	10	2		*		*	*						
Homestyle Minestrone	8fl oz	60	0	0	0	0	760	13	4	2	3	15	2	4	6	*			*	*						
Chicken Corn Chowder	8fl oz	160	4	2	0	10	890	26	2	4	6	2	2	4	4		*		*	*						
Chicken Noodle	8fl oz	70	0.5	0.3	0	10	850	12	2	1	5	4	0	2	4	*			*	*						
Tomato Garden Vegetable Rotini	8fl oz	80	0	0	0	25	870	18	2	7	3	10	6	4	6	*			*	*						
Creamy Turkey Vegetable	8fl oz	130	5	2	0	15	860	14	2	6	6	6	2	10	2		*		*	*						
Italian Wedding	8fl oz	140	5	2.5	0.1	15	960	15	1	1	8	0	2	2	10	*	*		*	*						
Vegetable Beef Barley	8fl oz	90	1	0.2	0	5	990	15	3	3	5	0	4	0	25				*	*						
Tomato Tortellini	8fl oz	110	1	0.4	0	0	1060	21	2	7	4	4	4	4	6	*			*	*						
Chicken with Wild Rice	8fl oz	80	1	0.3	0	10	880	13	1	1	5	6	20	2	2				*	*						
North Atlantic Clam Chowder	8fl oz	120	2	0.4	0	5	910	20	1	1	4	0	0	4	8		*	*	*	*						
Tomato Ravioli	8fl oz	110	1.5	0.4	0	5	940	21	3	9	4	6	6	6	6	*	*		*	*						
Asian Style Noodle /Mushroom	8fl oz	80	2	0.5	0	10	800	12	2	1	5	4	0	2	4	*			*	*	*					
Four Cheese Onion Soup	8fl oz	342	22	10.4	0	64	1600	22	2	9	18.4	12	43	44	6		*		*	*						
DRESSINGS																										
Gourmet Blue Cheese	2fl oz	320	32	7	0	40	640	4	0	2	2	0	0	4	0	*	*									*
Zesty Italian	2fl oz	106	10	1.2	0	0	501	5	0.2	3.8	0.25	0	0	0	0				*							
Balsamic Vinaigrette	2fl oz	210	20	3	0	0	499	5.7	0.25	4.8	0.2	0	0	0	0				*						*	
Feta Oregano	2fl oz	240	24	4	0	0	540	4	9	9	0.8	0	0	0	0		*		*							
Signature Garlic Dill	2fl oz	568	60	8.8	0	32	460	0.8	0	2	2	2	0	4	11	*	*						*	*		
Raspberry Poppy Seed Vinaigrette	2fl oz	200	20	1.5	0	0	370	6	0	5	0.4	0	0	0	0		*				*					
Buttermilk Ranch	2fl oz	280	28	2	0	20	360	4	0	0	2	0	0	0	0	*	*									
Creamy Caesar	2fl oz	320	32	4	0	40	420	4	0	0	2	0	0	8	0	*	*	*	*	*						
Honey Herb & Dijon Vinaigrette	2fl oz	240	24	2	0.4	0	420	8	0	8	0.4	0	0	0	0	*	*								*	
Chipotle Ranch	2fl oz	240	24	2	0	20	480	4	0	0	0.8	8	0	0	0	*	*									
SAUCES																										
Honey Garlic	2fl oz	164	0	0	0	0	526	41	0	24.5	0.3	0	0	0	1											
Frank's Red Hot	2fl oz	108	2.4	0.4	0.35	0	967	21	0.6	15.5	0.6	0	0	1	2.5											
Frank's XTRA Hot	2fl oz	108	1.7	0.45	0.35	0	907	20	0.7	15	0.7	0	0	1	3.5											

	Nutrition Information														Allergens											
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard		
SAUCES																										
Tartar	2fl oz	270	29	4.5	0.15	26	662	2.7	0.1	2	0.5	0	0	0	0	*										
Mild	2fl oz	113	0.3	0	0	0	707	26	0.7	24	0.75	0	0	0.5	1.5				*	*					*	
Plum	2fl oz	111	0	0	0	0	560	27	0.2	25	0	0	0	0.5	1											
Honey BBQ	2fl oz	114	0	0	0	0	444	28	0.6	28	0.5	0	3	0	0				*	*					*	
Medium	2fl oz	97	0.2	0	0	0	1261	12	0.35	11	0.5	4	13	0	0				*	*					*	
Joe's Buffalo Butter	2fl oz	192	20	12	0	60	1228	1.2	0.4	0.4	0.5	30	1.5	0	0		*									
Kansas City Style BBQ	2fl oz	113	0.3	0	0	0	707	26	0.7	24	0.75	0	0	0.5	1.5				*	*					*	
Bold Hickory BBQ	2fl oz	66	0	0	0	0	538	15	0.2	11	0.4	0	15	0	0										*	
Frank's Sweet Chili	2fl oz	93	0.7	0	0	0	635	23	0.4	20	0	1	5	0	2											
Frank's Sriracha	2fl oz	113	0.3	0	0	0	707	26	0.7	24	0.75	0	0	0.5	1.5				*	*					*	
Smoky Chipotle BBQ	2fl oz	102	0.1	0	0	0	630	24	0.75	22	0.55	0	0	1	3.5					*						
SHARE PLATES																										
Crispy Asian Chicken Bites	1 serv	571	20.5	1.6	0	124	1198	46	0.7	19	48	3	4	2	20	*	*			*						
Rickard's White 5 Cheese Dip	1serv	654	40.5	20	0	95	648	58	4	7	13	29	5	24	11		*			*						
Garlic Marinated Chicken Rolls	1 serv	624	40	7	0.2	104	1002	43	3	2	32	20	136	21	14	*	*			*	*					
Homerun Nachos	1 serv	1581	80	27	0.2	104	3889	180	16.5	17	31	52	79	49	37		*			*						
Tailgate Platter	1 serv	2520	160	31	1.5	362	3644	155	9	52	120	45	33	29	62	*	*		*	*				*		
Primo Loco Chicken Quesadilla	1 serv	1385	99	28	0.55	152	2949	93	5	13	39	47	25	25	21	*	*		*	*						
All Star Platter	1 serv	2111	127	59	0.3	466	3550	183	7.4	34	78	32	100	33	46	*	*	*	*	*					*	
SALADS																										
Spinach with Feta and Quinoa	1serv	476	15	6	0	239	1100	39	5.5	4	16	66	98	32	55	*	*			*	*					
Blackened Sirloin and Goat Cheese	1serv	556	32	10	0.5	95	1083	15	4	3	34	42	62	15	20		*									
Berry Pecan	1serv	309	24	5	0.2	25	260	15	7	5.5	10	40	40	11	15		*				*					
Chipotle Southwest Chicken	1serv	348	12	4	0.2	140	980	23	3.7	3	38	27	71	14	38		*			*						
Starter Caesar	1serv	101	8.5	2.8	0	14.5	285	6.6	0	0	5.7	28	35	9	9		*			*	*					
Starter Greek	1serv	132	3.7	2	0	5.5	104	6	0.35	3	2.3	32	46	10	10		*									
Starter Field of Greens	1serv	99	0	0	0	0	25	12	2.4	11	1	17	27	3.5	4											
Entrée Caesar	1serv	254	19	6.3	0.15	29	706	19	0	0.1	13	47	70	18	24		*			*						
Entrée Field of Greens	1serv	162	0	0	0	0	41	22	4	16	2	27	58	6	8											
Entrée Greek	1serv	960	70	19	0.2	77	1509	22	1	1	11	65	132	37	28		*									
Caesar with Salmon	1serv	356	17.5	4.5	0	79	470	20	0	0.3	29	48	75	8	23		*			*						
Caesar with Sirloin	1serv	396	24	8.3	0.25	84	761	19	0	0	34	47	71	18	34		*			*						
Caesar with Chicken	1serv	393	21	7	0.25	154	981	19	0	0.2	43	47	80	18	32		*			*						
Caesar with Shrimp	1serv	692	60	11	0.15	133	1185	24.6	0.1	0.3	23	50	70	32	34		*			*						
Field of Greens with Chicken	1serv	267	4.7	2	0.22	131	449	9.5	4	2.8	33	25	68	11	21		*									
Field of Greens with Sirloin	1serv	319	7	3	0.2	60	110	22	4	16	23	28	60	6	18		*									
Field of Greens with Salmon	1serv	440	12	3.25	0.1	75	103	37	5	30	25	26	61	8	10		*	*								
Field of Greens with Shrimp	1serv	309	11	2	0	93	237	23	4	16	12	30	58	13	18		*	*								

Nutrition Information																Allergens									
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard	
SALADS																									
Greek Salad with Salmon	1serv	552	19	6	0	97	569	15	1.5	2.6	28	59	150	21	25		*	*							
Greek Salad with Chicken	1serv	510	13	6	0.22	158	836	15.5	1.5	2.6	35	57	157	20	33		*								
Greek Salad with Sirloin	1serv	492	14	6	0.1	82	568	15	1.5	2.6	26	55	148	19	32		*								
Greek Salad with Shrimp	1serv	974	74	18	0	119	1515	23.7	1.2	1.4	21	68	131	43	38		*	*	*						
STARTERS																									
Calamari	1 serv	979	56	6.5	0.2	534	1880	104	5.7	22	61	2	8	13	47	*	*	*		*					*
Deep Fried Pickles	1 serv	404	15	0	0	0	2268	72	4.5	7.2	7.2	0	0	0	0				*	*					
Parmesan Truffle Sidewinder	1 serv	719	47	8.7	0	8.6	1542	70	5.6	4.7	8.8	0	40	18	19		*		*	*					
Four Cheese French Onion Soup	1 serv	359	23	12	0	61.6	1619	21	2	9	19.5	18	45	47	8		*			*					
Crispy Creole Shrimp	1 serv	646	27	6	0.2	140	2333	75	5	10	20	15	0	7	21		*	*		*				*	
FLATBREADS																									
Joe's Buffalo Chicken	1 serv	1196	52	15	0.2	140	2997	127	8.5	10.4	58	34	66	12	58	*	*			*					
Southside Pulled Pork	1 serv	1239	53.5	17.6	0.7	145	2612	124	8	21	66	43	83	54	65	*	*			*					
Meat Lovers	1 serv	1561	71	30	0.6	209	3934	116	6.4	14	74	37	27	28	71		*			*					
Feta Bruschetta	1 serv	1160	66	17	0	68	966	262	37.5	8.4	33	27	70	33.4	54		*			*					*
POWER BOWLS																									
Chicken Pad Thai	1 serv	1539	50	7	0.2	466	4517	174	14	33	94	65	133	15	50	*	*		*	*		*			
Lemon Quinoa	1 serv	1010	35	5	0.1	137	1767	111	16	9	48.5	87	148	41	80		*								
Chicken Stir Fry	1 serv	783	21	5.4	0.1	133	2277	108	10.6	28	38	71	120	16	42		*			*	*				
WINGS																									
Dusted Wings - Single	8	977	64	10	0	190	500	53	2.5	29	48	29	5	3	22					*					
Traditional Wings - Single	8	889	64	10	0	190	367	34	1.6	29	43	29	5	2	13										
Championship Wing Dinner	8	1538	85	28	0	399	1963	90	3	42	106	5.5	14	12	59					*					
SANDWICHES AND WRAPS																									
The Closer	1serv	1181	44.5	6.75	0.2	154	2155	124.5	6	8.4	60	12.5	57	21	44		*		*	*					
Grilled Chicken Club	1serv	1003	54.5	13.5	0.5	166	1273	65	10	10	54.7	15	47	55	37	*	*			*					*
Havana Slamma'	1serv	844	35	11	0.1	134	2146	73.5	4	4	56	6	29	22	93	*	*			*					*
Steak Sandwich	1serv	484	18.6	6	0.2	125	861	31	2.2	2	48	3	19	2	35		*		*	*			*		
Buffalo Chicken Wrap	1serv	852	29	6	0	72	1380	109	3	30	39	12	47	7	20	*	*			*					
San Diego Chicken Wrap with Oven Roasted Chicken	1serv	914	69	12.4	0.1	87	1961	78	8	10	37	23	67	15	31.5		*			*					*
San Diego Chicken Wrap	1serv	849	40.4	10	0	95	1439	78	3	7	43	12	27	9	22	*	*			*			*		*
The Triple Threat	1 serv	674	26.4	9.4	0.1	173	1562	62	2.6	5	51	15	26	21	33.5		*			*					
Crispy Prosciutto to Chicken	1serv	1021	49	21	0.66	284.5	1893	54	11	10	92	15	47	21	37		*		*	*					
Extreme Italian Panini	1 serv	1190	72.5	21	0.4	139	3715	58	6.5	8.5	54	7	25	15	34	*	*			*					
Sonoma Vegetable and Goat Cheese Wrap	1serv	924	62	12	0.4	46	1316	76	8	6.5	18	11	78	7	5	*	*			*					*
Greek Chicken Street Wrap	1 serv	784	30	9	0.25	143	1441	70.6	2.7	6	43.5	14	43	17	24		*			*					
PRIME RIB BURGERS																									
The Classic	1serv	440	61	5	0	38	1574	64	4.6	14.6	31.4	11	24	18	50	*	*			*					
The Lumberjack	1serv	621	83	9	0.2	56	1807	72.4	5.3	9.2	39	20	32	48	37		*			*					
Stuffed Jalapeno Cheese Burger	1 serv	956	61	23	0.4	134	1559	57	2.7	5	36	14	19	10	40		*			*					
Crispy Portobello	1 serv	800	91	13	0.3	118	1651	79	5.6	14.7	41.5	10	24	15	48	*	*		*	*					
Truffle Wild Mushroom	1serv	713	90	11.6	0.1	63.5	1725	61	4.3	14	38	13	14	21	48	*	*		*	*					
Braised Beef	1serv	609	72	9.4	0.4	123	1707	59	3.4	7.8	53	3	7	7	44		*		*	*				*	
Nacho Cheese	1 serv	952	53	29	0.5	133	1788	73	3.75	16	36.5	15	7	12	53.5	*	*		*	*					

Nutrition Information																Allergens										
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard		
RIBS																										
Half Rack	1serv	652	44.5	16.5	0	167	852	30.5	0.6	21	36	1	1	8	17.5											
Full Rack	1serv	1319	87	33	0	336	1807	65	1.4	45	76	3	2	17	36											
Rib and Championship Wing Combo	1serv	2246	128	44	0	585	3142	132	4	75	142.5	5.5	14	21	76					*						
STEAKS																										
New York Striploin	11oz	605	28	11	2.6	200	717	1.8	0.2	0.6	81	2	2	4	54											
Top Sirloin	7oz	305	12	5	0.3	115	667	1.8	0.2	0.6	42	2	5	1	34		*									
ENTREES																										
Buffalo Chicken Tenders	1serv	815	27	0.4	0	101	2079	68	3	30	49	12	4	8	32	*				*						
Blackened Cajun Atlantic Salmon	1serv	864	64.5	10.5	0	175	1077	13	3	2	52.5	13	13	8.5	10	*	*	*		*			*	*	*	
Market Fish 'n Chips 1 piece	1serv	647	16.5	0.4	0	81	960	76	2	2	36	3	0	14	26	*	*	*	*	*						
Market Fish 'n Chips 2 pieces	1serv	1295	33	0.8	0	162	1920	152	4.25	4.5	70	5	0	28	52	*	*	*	*	*						
Prosciutto Wrapped Chicken	1 serv	821	53	19	0.7	438	2614	64	7.5	4	55	44	42	38	27	*	*		*	*			*	*	*	
Chicken Wild Mushroom Risotto	1 serv	866	46	20	0.2	342	2619	63	4.8	9.5	75.5	33.5	37	35	32		*			*						
Bombay Butter Chicken	1serv	739	16	7	0.1	100	2202	103	8	11.7	39.5	21	176	17	29		*		*	*						
Chicken Asiago Parmesan	1 serv	1245	44	13.4	0.1	182	2149	158	7	18	72.5	37	54	41	70		*			*						
Sausage Pepper Penne	1 serv	1380	82	15	0	111	2387	119	6.4	7	50	10	60	20	54		*			*						
Five Cheese Chicken Penne	1serv	1406	71	22	1	209	3040	132	7.25	8	63	42	82	32	44		*			*						

SIDES																										
Seasonal Vegetables	6oz	56	2	0	0	4	64	8.8	3	2	3	3	122	3	5											
Garlic Steamed Green Beans	5oz	93	9	0.75	0	17.5	119	11	3.8	2	2	4	17	6	7		*									
Parmesan Sidewinder Fries	8oz	719	47	9	0	8	1542	70	5.6	4.7	9	0	40	18	19		*		*	*						
Side Winder Fries	8oz	611	38	6.8	0	0	1323	65	5.4	0	5.4	0	40	5	18				*	*						
Side Winder Fries	16oz	1222	77	13.6	0	0	2646	130	10.8	0	10.8	0	80	11	36					*						
Mashed Potatoes	8oz	217	6.5	1.5	0.5	7	966	35	2.7	1.4	4.4	7	7	5	3.5		*									
Market Fries	8oz	381	23	1.35	0.2	0	1200	40	2.8	1	0.5	0	6	0	7				*							
Market Fries	16oz	762	46	2.7	0.4	0	2400	80	5.6	2	1	0	12	0	14				*							
Sweet Potato Fries	8oz	457	28	2	0	0	710	48	3	16	2.8	4	20	5.5	6					*						
Sweet Potato Fries	16oz	791	42	4	0	0	1780	96	6	32	5.6	8	40	11	11					*						
Roasted Wild Mushrooms	3oz	201	25	2.6	0.5	41	553	9.2	2.4	1.2	6.4	0	0	7	10		*									
Baked Potato, Plain	1serv	204	5	3	0	12.5	20.5	37	4	2	4	9.5	28	2	14		*									
Baked Potato, 1 Butter Cup and 1oz Sour Cream	1serv	377	24	14.6	1	62	43	39	4	2	4	12	28	6	14		*									
Loaded Baked Potato	1serv	314	14	7.6	0.35	36.5	296	39	4.2	3.25	8.6	10	42	6	17		*									

Nutrition Information																Allergens									
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard	
SIDES																									
Lattice Fries	8oz	578.5	37.5	3.5	1.15	4.5	1690	54	8	1	4	0	21.5	0	9				*	*					
Lattice Fries	16oz	1157	75	7	2.3	9	3380	108	16	2	8	0	43	0	18				*	*					
Quinoa	7oz	467	7	0	0	0	815	83	6.4	1.2	7	0	0	13	50										
Wild Mushroom Risotto	1	487	25.6	13	0	67	1371	50.7	0.8	7	13.5	17	0	28	3		*								
Jasmine Rice	10oz	455	2	0.15	0	3.5	72	100	0	0	8	0	0	0	0		*								
Large Poutine	1serv	817	42.6	8.7	0.7	33	4455	95	6	2	13.4	6	11.5	30	14		*		*	*			*		
Sauteed Mushrooms	2oz	26	2.6	0	0	5	17	2.3	0.6	1	0.5	0	1	0	0		*								
Sauteed Onions	2oz	32	2.8	0	0	5	36	4.4	0.6	2	0	0	4	1	0		*								
KIDS MEALS																									
Pasta with Creamy Cheese Sauce	1serv	539	23	3.5	0	12.7	1006	70	3.7	2.7	13.5	3.5	12	10	22		*			*					
Pasta with Tomato Sauce	1serv	427	14	0.8	0	0	654	67	3.7	3.7	9.5	7.5	21	3	25					*					
Pasta with Butter	1serv	425	15	2	0	4	575	64	3.7	0.7	9	1.5	12	2	21		*			*					
Cheese Flatbread Pizza	1serv	608	22	8	0.5	34	1719	80	6	5	24	13	28	34	31		*			*					
Pepperoni Flatbread Pizza	1serv	903	49	16	0.5	97	2314	82	5	8	35	16.5	24	35	39		*			*					
Cheese Quesadilla	1serv	551	40	10	0.6	50	1256	48	4.5	3	21	11	15	5	12		*			*					
Chicken Fingers with Plum Sauce	1serv	615	17	2	0	63	1030	387	2	35	38	3.5	12	3	20	*	*			*					
Grilled Chicken with Fries	1serv	339	14	5	0.4	140	914	24	1.7	0.7	32	5	22	1.5	18		*			*					
Fish 'n Chips	1serv	701	42	2.5	0.1	56	1072	53	1.7	2.4	23	1	12	11	15		*	*		*					
Championship Wings, Traditional	1serv	583	30	6	0	85	794	54	1.7	28	23	4	12	1	13										
Multi-Grain Grilled Cheese with Fries	1serv	628	30	10	0.5	34	1045	64	7.7	6.7	24	17	12	89	23		*			*					
Championship Wings, Dusted	1serv	627	31	5.8	0	85	860	64	2	28	25.6	4	12	1	17					*					
Mini Burgers with Fries	1serv	668	34	11	0.2	67	1162	67	3.7	6.7	21	1.5	13	2	21		*			*					
Mini Cheeseburgers with Fries	1serv	748	40	14	0.4	82	1237	67	3.7	6.7	27	9	13	42	21		*			*					
DESSERTS																									
Cosmo Cheesecake	1serv	660	46	32.5	0.7	41	403	54	2.25	43.25	5.5	13	1	7	0	*	*		*	*					
Slam Dunk Donut Bites	1serv	1229	52.5	28.5	0	30	1184	188	4.5	123	10	0	17	0	19	*	*		*	*					
Peanut Butter Stacker Sundae	1serv	839	48.5	29.5	0.4	112.5	261	101.5	4	71.5	7.5	19.5	0	13	7	*	*		*	*		*			
Caramel Pretzel Bites	1 serv	1124	31	16	0.5	24	1067	200	4.5	80	19	9	0	47	32		*			*					
Ultimate Cookie	1serv	954	42	21	0.4	70	594	142	5.4	91	8	32	1.5	11	48		*		*	*					
Chunky Chocolate Crunch	1 serv	539	37	14	0.2	15	120	38.5	3	36.5	33.5	6	2	12	26		*			*					
Kid's Dippin' Donut Bites	1serv	390	18	9	0	12	396	53	1.6	33.4	3.7	5	0	1	14	*	*		*	*					

The nutritional data has been compiled from information received from our suppliers and from the Canadian Nutrient File. Shoeless Joe's Sports Grill is not responsible for accuracy of content. Shoeless Joe's Sports Grill cannot control or eliminate the possibility of cross-contamination in our restaurants or in our products provided to you by our suppliers; therefore we cannot assume responsibility for particular sensitivity or allergy to any food at our restaurants. If you have any questions or concerns, please speak to the manager.